

2003

Written Test

Study Guide

Polocrosse

©2003 THE UNITED STATES PONY CLUBS, INC.

4041 Iron Works Parkway

Lexington, Kentucky 40511-8462

Telephone (859) 254-7669 • Fax (859) 233-4652

*Copying permitted for internal use only by members and volunteers of
The United States Pony Clubs*

MISSION STATEMENT:

The mission of the United States Pony Clubs is to provide a program for youth that teaches riding, mounted sports, and the care of horses and ponies, thereby developing responsibility, moral judgment, leadership, and self-confidence.

GUIDING BELIEFS:

- USPC is an educational organization which progressively develops the well-rounded horseperson.
- The well-rounded horseperson is capable of riding safely and tactfully on the flat, over fences, and in the open.
- Knowledgeable care of horses and ponies (Horse Management) is basic to the well-rounded horseperson.
- USPC is committed to the well-being of the horse.
- Fair and friendly competitions develop teamwork and sportsmanship.
- Fun and friendship are part of Pony Club.
- USPC requires parental and volunteer involvement and support.
- The USPC is committed to safety.
- The local Club is the core of USPC.

©2003 THE UNITED STATES PONY CLUBS, INC.

4041 Iron Works Parkway
Lexington, Kentucky 40511-8462
Telephone (859) 254-7669 • Fax (859) 233-4652

*Copying permitted for internal use only by members and volunteers of
The United States Pony Clubs*

2003 Polocrosse Rulebook

1. At a USPC Polocrosse rally, how many members are on a team? (Page: 3)

2. Polocrosse teams have special names for the positions of the players. What are these names? (Page: 3)

3. TRUE or FALSE: You are never allowed to hit an opponent's racquet while playing Polocrosse. (Page: 11)

4. To qualify for Polocrosse championships/nationals, a player must be what age, rating, and compete at what level? (Page: 4)

5. What is RIDING OFF? (Page: 39)

6. What is the distance between goal posts on a Polocrosse field? (Page: 7)

7. In polocrosse, the term CROSSING is used for three different things. What are they? (Page: 39)

8. List the required equipment that a Polocrosse player must provide. (Page: 5)

9. What is the maximum time for one period of play (chukka) in a Polocrosse competition? (Page: 7)

10. What is the total length of a Polocrosse playing field? (Page: 7)

11. Where can the Mid-field player play on the field? (Page: 39)

12. Describe proper leg protection for a Polocrosse mount. (Page: 5)

USPC 2003 Written Test Study Guide

13. TRUE or FALSE: You can hold the racquet with either hand and may switch hands at any time. (Page: 3)

14. What are the dimensions of the MIDFIELD area of a Polocrosse playing field? (Page: 7)

15. What area of the playing field do players line up at to start a game? (Page: 8)

16. What is a CHECK in Polocrosse? (Page: 39)

17. What type of bit is NOT allowed for Polocrosse? (Page: 5)

18. Where is the PENALTY LINE on a Polocrosse playing field? (Page: 7)

19. Describe a crop that can be used for Polocrosse. (Page: 5)

20. In Polocrosse, what is the SIDE LINE? (Page: 37)

21. In what situations can the umpire award a penalty? (Page: 12)

22. Polocrosse positions have a name and a number. What is the number which goes with each position? (Page: 3)

23. The period of play, or game, in Polocrosse is called a _____. (Page: 39)

24. Who must be notified for players on a team to change positions between chukkas? (Page: 3)

©2003 THE UNITED STATES PONY CLUBS, INC.

4041 Iron Works Parkway
Lexington, Kentucky 40511-8462
Telephone (859) 254-7669 • Fax (859) 233-4652

*Copying permitted for internal use only by members and volunteers of
The United States Pony Clubs*